

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Swedish Meatballs</p> <p>Featured Sides: Whole Grain Egg Noodles Diced Carrots Cinnamon Baked Apples Caesar Salad</p>	<p>2</p> <p>Chicken Philly Sandwich on Whole Grain Roll</p> <p>Featured Sides: Steamed Rice Sautéed Spinach Celery and Ranch</p>	<p>3</p> <p>Turkey Pasta Primavera</p> <p>Featured Sides: Carrots and Ranch Green Beans</p>	<p>4</p> <p>Beef Sloppy Joes on a Whole Wheat Bun</p> <p>Featured Sides: Steamed Corn Vegetarian Baked Beans</p>	<p>5</p> <p>Whole Grain Chicken Corn Dog</p> <p>Featured Sides: Tomato Cucumber Salad Crinkle Fries</p>
<p>8</p> <div style="border: 2px solid orange; padding: 10px; text-align: center; width: fit-content; margin: 0 auto;"> <p>Fall Break</p> </div>	<p>9</p>	<p>10</p> <p>Salisbury Steak and Gravy</p> <p>Featured Sides: Mashed Potatoes Fresh Broccoli Carrots and Ranch</p>	<p>11</p> <p>Spicy Chicken Sandwich</p> <p>Featured Sides: Sweet Potato Fries Green Beans</p>	<p>12</p> <p>Beefy Ziti with Whole Grain Pasta</p> <p>Featured Sides: Romaine Caesar Salad White Beans and Spinach Diced Carrots</p>
<p>15</p> <p>Whole Grain Pepperoni Pizza Slice</p> <p>Featured Sides: Kale Salad Celery and Ranch Whole Wheat Elf Grahams</p>	<p>16</p> <p>Hot Chicken and Veggie Wraps</p> <p>Featured Sides: Red Beans Steamed Rice Sautéed Jamaican Cabbage</p>	<p>17</p> <p>Creamy Chicken Alfredo with Whole Grain Pasta</p> <p>Featured Sides: Steamed Broccoli Florets Baby Carrots and Ranch</p>	<p>18</p> <p>Walking Beef Nachos</p> <p>Featured Sides: Buttered Corn Homemade Tomato Rich Salsa Black Beans</p>	<p>19</p> <p>Chicken Parmesan on a Whole Grain Bun</p> <p>Featured Sides: Sweet Potato Fries Green Beans</p>
<p>22</p> <p>Seared Chicken Breast with Gravy</p> <p>Featured Sides: Rice Pilaf Garden Peas Butternut Squash Casserole</p>	<p>23</p> <p>All Natural Beef Hot Dog on a Whole Wheat Bun</p> <p>Featured Sides: Vegetarian Baked Beans Baby Carrots and Ranch</p>	<p>24</p> <p>Meaty Marinara Whole Grain Spaghetti</p> <p>Featured Sides: Romaine Caesar Salad Sautéed Zucchini</p>	<p>25</p> <p>BBQ Chicken Thighs</p> <p>Featured Sides: Roasted Yams Green Beans Jamaican Cabbage</p>	<p>26</p> <p>All American Cheeseburger on a Whole Grain Bun</p> <p>Featured Sides: Dill Pickle Spears Crinkle Fries Spinach</p>
<p>29</p> <p>Grain Chicken Tenders with Honey Mustard</p> <p>Featured Sides: Tomato Cucumber Salad Steamed Broccoli Carrots and Ranch</p>	<p>30</p> <p>New Mexico Turkey Skillet with Shredded Cheese</p> <p>Featured Sides: Fresh Made Salsa and Corn Chips Corn Refried Beans</p>	<p>31</p> <p>Herb Roasted Chicken Drumsticks</p> <p>Featured Sides: Rice Pilaf Garden Peas Diced Carrots</p>	<p>1</p> <p>Pepperoni Pizza</p> <p>Featured Sides: Whole Grain Sun Chips Celery and Ranch Sautéed Spinach</p>	<p>2</p> <p>Spicy Chicken Sandwich</p> <p>Featured Sides: Crinkle Fries Green Beans</p>



Chef's Pantry Items:
 Sandwich or Salad are available as an option to the Hot Entrée
 Vegetarian Entrée Available Upon Request
 Fresh Baked Whole Grain Bread Basket
 Fresh Whole Fruit
 Fruit Salad